



WOMEN

Elite	Claudette Nyirarukundo	RWA
	Sarah Diekmeyer	CAN
	Theresa Rindler-Bachl	AUT
19 - 34	Dinnah Safari	KEN
	Margaret Mutuku	KEN
	Mary Wambui Kamau	KEN
35 - 39	Minyi Xie	CHN
45 - 49	Philippa Keith	GBR
	Joyce Matara	KEN
	Lucy Obolensky	GBR
50-54	Pascale Leblanc	CAN
	Heidi Obra	USA
55-59	Kari Ann Brackelsberg Pappas	USA
	Anna Ran	NED
	Julia Kerr	GBR
60-64	Caroline Margaret Williams	RSA
	Sharon Cornish	CAN

MEN

Elite	Lawrence Lorot	UGA	
	Stanley Ngugi	KEN	
	Ivan Kipruto	KEN	
	Jordan Schleck	UGA	
	Benard Benard	KEN	
	John Mushiri	KEN	
	Shafick Mugalu	UGA	
	Daniel Kiptala	KEN	
	Paul Miiro	UGA	
	Kenneth Karaya Karaya	KEN	
	19 - 34	Thijs Zuurbier	NED
		Brian Kipkemboi	KEN
		Samuel Waiganjo	KEN
Bob Waithaka		KEN	
Julius Kaiguara		KEN	
Haoran Ma		CHN	
Erwin Post		NED	
Hope Victor		KEN	
35 - 39	Rufus Mwaura	KEN	
	Bram Markey	BEL	
	Antonius Sturmans	NED	
	Kevin Abok	KEN	

40 - 44	Sandro Donati	ITA
	Pim Van Der Burgh	NED
	Jimmy Mungai	KEN
45 - 49	Peter Kamau	KEN
	Edward Cork	GBR
	Gareth John Gallagher	IRL
50 - 54	Raf Herman V Vanhaute	BEL
	Jessy Demette	BEL
	Alexander Onyango	KEN
55 - 59	John Meijer	NED
	Rainer Müller-Hörner	DEN
	James Peckham	GBR
60 - 64	Henrik Elschner Pedersen	DEN
	Eric Nesbitt	GBR
	Jonathan Barrow	CAN
65-69	Trevor Graham	GBR
	Francis Kiumbi	KEN
	Mark Bidder	GBR